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## PREVIOUS YEAR QUESTION PAPER

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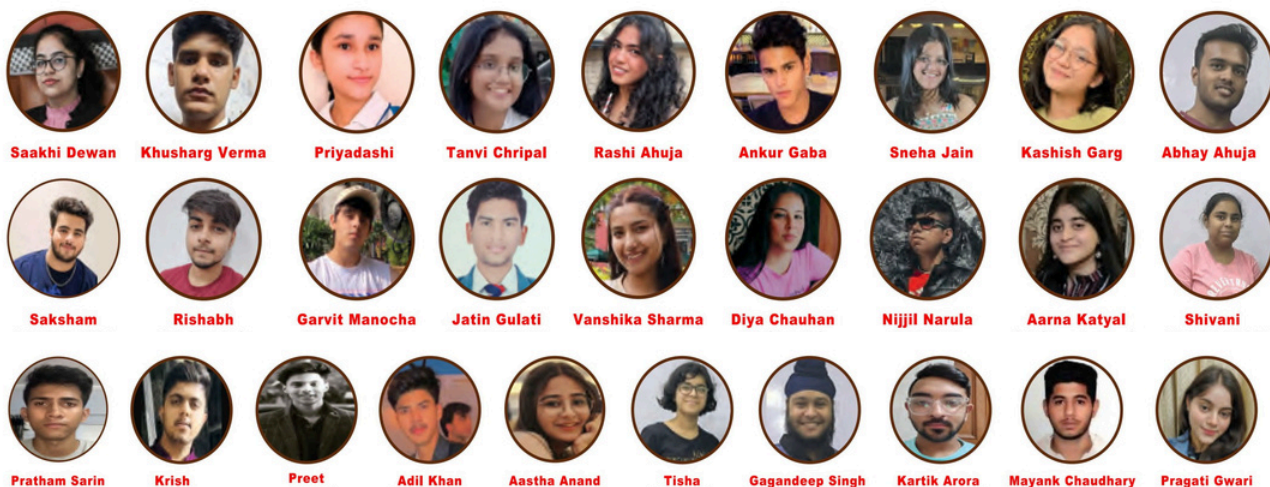
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## **PSYCHOLOGY CUET – 2023**

Q.1 \_\_\_\_\_ is an objective and standardized measure of an individual's mental and /or behavioral characteristics.

1. Intelligence
2. Case Study
3. Self- Report
4. Psychology Test

Q.2 Rajshree is an excellent dancer with fine flexibility of body. According to the theory of multiple intelligence what skill is she high on

1. Bodily kinesthetic skill
2. Interpersonal skill
3. Spatial Skill
4. Interpersonal Skills

Q.3 In 1905, Alfred Binet and Theodore Simon , made the first successful attempt to formally measure intelligence . In 1912 designed the concept of intelligent Quotient (IQ)

1. J.P. Guilford
2. Alfred Binet
3. Willaim Stern
4. Sternberg

Q.4 Ayush has a own start-up, which has grown successful over a short period of time. This is because of his commitment, persistence, patience, hard work, vigilance and goal director behavior. According to the India traditional view of intelligent Ayush has

1. Cognitive capacity
2. Social Competence
3. Emotional Compare
4. Entrepreneurial competence

Q.5 The intelligent of identical twins reared in different environments correlate about

1. 90
2. 72
3. 60
4. 50

Q.6 Robert Sternberg proposed the triarchic theory of intelligence.

- A. He conceptualized three intelligence.
- B. It was proposed in 1950.
- C. He defined intelligence as the ability to judge well, understand well and reason well.
- D. Componential intelligence also refer to the traditional notion of intelligence.
- E. Contextual intelligence refer to practice intelligence , known as 'Street Smart'.

1. A, C and D only
2. A, D and E only
3. B, D and E only
4. A, B and E only

Q.7 Match List-I with List-II





List-I	List-II
A. Unit factor theory	I. J.P. Guilford
B. Two Factor Theory	II. Alfred Binet
C. Hierarchical Model	III. Charles Spearman
D. Structure of Intellect model	IV. Arthur Jensen

Choose the correct answer from the options given below:

1. A-I, B-II, C-III, IV-I
2. A-IV, B-I, C-III, D-II
3. A-II, B-III, C-IV, D-I
4. A-III, B-IV, C-I, D-II

Q.8 Rohan works in a multi-national company in the U.S. and in order to avoid racism, he makes everyone call him Ronnie. Identify the aspect of self he is trying to hide:

1. Familial Self
2. Social identity
3. Personal identity
4. Moral self

Q.9 "I love to wear western clothes" is an example of which dimension of trait according to Allport's trait theory?

1. Cardinal traits
2. Central traits
3. Secondary trait
4. Tertiary trait

Q.10 Match List-I with List –II

List - I	List-II
A. Tested as a tool for psychological diagnosis	I. EPQ (Eyestrack Personality Questionnaire)
B. Self report measure	II. Rorschach Inkblot Test
C. Used for career guidance	III. MMPI (Minnesota multiphasic Personality Inventory)
D. Conducted in two phases - Performance Proper and inquiry	IV 16PF (Sixteen Personality Factors)

Choose the correct answer from the option given below:

1. A-III, B-I, C-IV, D-II
2. A-I, B-II, C-IV, D-II
3. A-III, B-IV, C-I, D-II
4. A-I, B-II, C-IV, D-III

Q.11 If you have a feeling that you must do everything perfectly and get stressed when it does not happen, then such beliefs are result of:

- (1) Frustration
- (2) Conflict
- (3) Internal Pressure
- (4) Social Pressure

Q.12 According to the GAS (General Adaptation System), the stage one will experience the activation of the adrenal pituitary cortex system for fight or flight?

1. Resistance Stage
2. Exhaustion Stage
3. Alarm Reaction Stage
4. Burnout



Q.13 Pawan could not get admission in the college of his choice as he could not qualify the entrance exam. He is facing:

1. Conflicts
2. Frustration
3. Internal Pressure
4. Social Pressure

Q.14 Arrange the following sentences as per the Cognitive Theory of Stress given by Lazarus:

- A. The appraisals are very subjective and will depend on past experiences of the subject.
- B. The perception of stress depends on the individual cognitive approach of events and resources available to deal with them.
- C. Primary appraisal refers to the perception of a new or changing environment as positive, neutral or negative in its consequences.
- D. When we perceive an event as stressful, we are likely to make a secondary appraisal.
- E. Lazarus distinguished between two types of appraisals.

Choose the correct answer from the options given below:

1. B, E, D, C, A
2. B, C, E, A, D
3. B, E, C, D, A
4. A, B, C, D, E

Q.15 Identify the statements which reflect coping strategies given by Endler and Parker.

- A. I am able to schedule my time better.

B. I fell sick immediately.

C. I express emotions openly and directly.

D. I accept situations that cannot be altered.

E. I hate myself.

Choose the correct answer from the options given below:

1. A, E, C only
2. A, B, C only
3. A, C, D only
4. A, E, B only

Q.16 Ashana suffers from evaluation anxiety and develops Writer's Cramp before an examination. MRIs and X- rays reveal no physical cause. This is an example of

1. Somatic symptoms disorder
2. Illness anxiety disorder
3. Somatoform disorder
4. Conversion disorder

Q.17 Identify which one of the following is an example of delusion of grandeur?

1. Sunita thinks that aliens are contacting her.
2. Mona thinks she is a world famous singer.
3. Raj thinks his food is poisoned.
4. Sunaina thinks that the news anchor is conveying message of aliens.

Q.18 Ravi snatched the ice cream out of the hand of a child in junior school. This is an example of aggression.

1. Verbal
2. Physical
3. Hostile



4. Proactive

Q.19 Hema was very particular about setting the objects like furniture, decorative pieces, utensils etc. in her house in a certain way. She would feel very disturbed and stressed if the objects were not placed in an orderly manner. She may be showing:

1. Separation Anxiety Disorder
2. Obsessive Compulsive Disorder
3. Somatic Symptom Disorder
4. Specific Phobias

Q.20 According to the organic approach, abnormal behavior occurs when:

1. There is a conflict between emotion and reason.
2. There is an imbalance in the four essential body fluids.
3. Body and brain are not working properly.
4. Evil resides in the individual.

Q.21 Identify the disorder in children where the behavior by parents and teachers as 'driven by a motor,

1. ODD (Oppositional Defiant Disorder)
2. ADHD (Attention Deficit Hyperactivity Disorder)
3. ASD (Autism Spectrum Disorder)
4. SLD (Specific Learning Disorder)

Q.22 Rani feels excessive guilt for her performance in her career, which is making her unable to carry daily activities in a constructive manner. Psychiatrists have diagnosed her with depression. Select

from the given list, which is NOT a factor predisposing towards depression.

1. Genetic make-up
2. Age
3. Gender
4. Alogia

Q.23 International Classification of Disease (ICD-10) is prepared by the

1. American Psychiatric Association
2. World Health Organisation
3. American Psychological Association
4. National Council of Educational Research and Training

Q.24 Whenever Jessica enters the airplane, she experiences palpitations, choking, nausea and discomfort despite having travelled multiple times by air. Jessica maybe experiencing the disorder called:

1. Schizophrenia
2. Post-traumatic Stress Disorder
3. Panic Disorder
4. Dementia

Q.25 Identify the features of psychological disorders:

- A. Deviant
- B. Dependent
- C. Distress
- D. Distraction
- E. Danger

Choose the correct answer from the options given below:

1. A, B, C
2. A, C, E
3. B, C, D
4. D, A, B



Q.26 Identify the Anxiety Disorders from the options given below:

- A. Trauma and stress related disorder
- B. Specific Phobia
- C. Obsessive compulsive and related disorder
- D. Separation anxiety disorder
- E. Panic Disorder

Choose the correct answer from the options given below:

- 1. A, C, E only
- 2. A, C, B only
- 3. B, D, E only
- 4. C, D, E only

Q.27 Identify the steps followed by Therapist for Phobias using systematic desensitization.

- A. The therapist prepares a hierarchy of anxiety provoking situation
  - B. The therapist relaxes the client to think about the least anxiety provoking.
  - C. The client is interviewed to elicit fear provoking situation
  - D. The client is asked to stop thinking of the fearful situation if they felt slightest tense.
  - E. The client is also to imagine more severe for provoking situation while maintaining relaxation, the client get systematically desensitized to fear Choose the correct answer from the options given below:
- 1. A, B, C, D, E
  - 2. C, A, B, D, E
  - 3. C, D, E, A, B
  - 4. B, E, C, D, A

Q.28 When we meet people, we make impressions about their personal qualities. This is called

- 1. Social Cognition
- 2. Social Facilitation
- 3. Social Inhibition
- 4. Impression Formation

Q.29 Extremeness of an attitude indicator

- 1. whether an attitude is positive or negative
- 2. how positive or negative an attitude is
- 3. how many attitudes there are within a broader attitude
- 4. the role of an attitude in the attitude system

Q.30 Prejudices can be minimized by

- 1. Highlighting individual identity
- 2. following self-fulfilling prophecy
- 3. translating negative feeling into discrimination
- 4. having strong social identity

Q.31 Women are bad drivers. This is an example of

- 1. Prejudice
- 2. Stereotype
- 3. Discrimination
- 4. Social cognition

Q.32 To change the attitude towards, changing tobacco in an individual who is abusing the substance, by using cognitive dissonance the following steps should be followed

- A. Identifying the cognition to be changed



- B. Establishing the correct cognition that is understanding tobacco causes oral cancer.
- C. Resulting in cognitive consistency
- D. Adopting the correct attitude that is, I will not chew tobacco
- E. Understanding that both the cognitions are dissonant or 'out of tune'.

Choose the correct answer from the options given below:

1. A, B, C, D, E
2. A, B, D, E, C
3. A, B, E, D, C
4. A, B, C, E, D

Q.33 Match the List – I with List- II

List-I	List-II
A. Balance theory of attitude change	I. Stereotype
B. improvement in performance in the presence of other	II. Fritz Heider
C. Cluster of negative ideas about specific group (cognitive)	III. Social facilitation
D. Two concept theory of attitude	IV. S.M. Mohsin

Q.34 A collection of people who have assembled for a special purpose is called

1. Ingroup
2. Outgroup
3. Audience
4. Team

Q.35 Identify the stages of group formation

- A. Joining
- B. Forming

- C. Conquering
- D. Storming
- E. Norming

Choose the correct answer from the options given below:

1. A, B, C
2. B, D, E
3. C, D, A
4. A, D, E

Q.36 Suggest a few ways to reduce social loafing:

- A. providing group projects
- B. increasing the pressure to work hard
- C. working collective effort recognisable
- D. increasing apparent importance or value of a task
- E. strengthening group cohesiveness

Choose the correct answer from the options given below:

1. B, D, E only
2. A, B, C only
3. B, C, E only
4. D, E, C only

Q.37 Match List-I with List-II

List-I	List-II
A. The automatic effect	I. Cooperation and competition conformity
B. Milgram's experiment	II. Conformity
C. Sherif's experiment	III. Obedience
D. Latane	IV. Social loafing

Q.38 The act of aggression meant to obtain a certain goal or objects called:

1. Instrumental Aggression





2. Hostile Aggression
3. Proactive Aggression
4. Verbal Aggression

Q.39 Poverty begets poverty, the poverty cycle explains why poverty tends to continue among the same section of society. Some of the factors that do not lead to poverty are:

1. Low income and lack of resources
2. low health and nutrition
3. Lack of education and skills
4. More job opportunities

Q.40 As the teacher was explaining her lesson, she could see Rana lost in his thoughts. When asked to explain, Rana was not able to tell the answer, even though he was present and usually gave answers. This is because Rana was only

1. Hearing
2. Listening
3. Paraphrasing
4. Reception

#### Question 41-45

Read the case below and answer the questions that follow:

A 22-year-old girl had been experiencing feelings of emptiness, lack of interest in all activities and sleep disturbances. She appears to be demanding, reckless, aggressive, and unable to delay gratification of needs. She has difficulty in managing anger and has emotional fluctuations. Her interpersonal

relationships are also strained. She believes she was doing reasonably well 3 years back and the problem worsened after her boards. She started to indulge in self-harm acts, the situation worsened whenever she had conflicts with her family. Eventually, she was advised to seek professional help for an adequate diagnosis of her mental health.

Q.41 Identify the self-report measure that is best suited in this case:

1. EPQ (Eysenck Personality Questionnaire)
2. MMPI (Minnesota Multiphase Personality Inventory)
3. 16PF (Sixteen Personality Factor Questionnaire)
4. MPI (Mandsley's Personality Inventory)

Q.42 She appears to be demanding, reckless, aggressive and unable to delay gratification of needs. According to Freud's theory, identify the structure of personality being talked about:

1. Id
2. Ego
3. Superego
4. Repression

Q.43 According to Eysenck's Theory, identify the personality trait she would be high on:

1. Neuroticism
2. Introversion
3. Extraversion
4. Emotionally stable



Q.44 Identify the projective technique that will allow her to express her negative thoughts in the form of characters of a story for a more intensive understanding:

1. Parschach's Intolerant Test
2. TAT-(Thematic Apperception Test)
3. Rosenzweig Picture Frustration Study
4. Sentence Completion Test

Q.45 Identify the techniques that do not qualify as behavioral analysis of personality:

- A. Behavioural ratings
- B. Draw-a-person test
- C. Interview
- D. MMPI (Minnesota Multiphasic Personality Inventory)
- E. Nomination

Choose the correct answer from the options given below.

1. A, C only
2. D, E only
3. B, D only
4. B, C only

#### Question 46-50

Read the case study and answer the five questions that follow:

Nikita and Ritika are twins. Nikita is intelligent. Friendly and popular among her friends. Ritika is shy, withdrawn and feels inferior to her sister. As a child, she felt her parents neglected her and was deeply hurt when they made comparisons. As she grew, these feelings of rejection were reinforced when teachers made

statements like. "Look how well Nikita is doing! Why can't you be like her?" Ritika's feelings of rejection only strengthened with time. With the passage of time, Ritika was convinced that she is not good enough and would always be a failure in life.

Q.46 Identify the Therapy best suited for Ritika

1. Systematic Desensitisation
2. Token Economy
3. Beck's Cognitive Therapy
4. Psychodynamic therapy

Q.47 \_\_\_\_\_ is the cause of Ritika's problem.

1. Faulty learning
2. Dysfunctional cognitive structures
3. Lack of self-actualisation
4. Unresolved unconscious desires

Q.48 Which of the following is NOT correct about the given psychotherapies.

1. In psychodynamic therapy the therapist is an interpreter
2. In existential therapy the therapist is a facilitator
3. In behaviour therapy the focus is on the past, the present is irrelevant
4. Psychodynamic therapy is the oldest therapy

Q.49 Which of the following is True about the therapeutic relationship

1. the therapeutic relationship is life long
2. Strict confidentiality must be maintained



3. the therapist must be sympathetic to the client
4. It is not a relationship based on trust

Q.50 Match List I with List II

List I	List II
A.Behaviour therapy	I.Unresolved childhood fears
B.Psychodynamic therapy	II Feelings of loneliness and alienation
C.Existential therapy	III.Family learning
D.Cognitive therapy	IV.Faulty thinking

Choose the correct answer from the options given below:

1. A-I, B-IV, C-III, D-II
2. A-IV, B-III, C-II, D-I
3. A-II, B-III, C-I, D-III
4. A-III, B-I, C-II, D-IV





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